

# Hillcrest Strong First Responder



**When:**

## Sunday, September 13th 2015

**Time:** 3:00 PM. After the City of Lyndhurst, Ohio Home Days Parade.

**Where:** Tennis Courts at the City of Lyndhurst, Ohio Community Center at 1341 Parkview Drive, Lyndhurst, Ohio 44124.

**Challenge:** First Responders include Firefighters, Police Officers, and Emergency Medical Technicians or EMTs.

First Responders from local Hillcrest cities will come together on Sunday, September 13th 2015 to compete for bragging rights in taking home the title of 2015 Hillcrest Strong First Responder Fitness Challenge Champions for their respective city.

Come out and support Live Long Lyndhurst and our Hillcrest First Responders as they compete for the title of **2015 Hillcrest Strong First Responder Fitness Challenge Champions!**

### Event Details:

**Host:** Hosted by the City of Lyndhurst, Ohio Live Long Lyndhurst Health and Wellness Partnership.

**Course:** Fitness Challenge Course created by the Hillcrest YMCA.

**Kids:** Kids Obstacle Course to follow the **2015 Hillcrest Strong First Responder Fitness Challenge!**

Medals will be awarded to the first 100 kids to complete the course!

**Pricing:** Free! Come out and support Live Long Lyndhurst and our Hillcrest First Responders!



[www.LiveLongLyndhurst.com](http://www.LiveLongLyndhurst.com)