



Jim Perko,
Cleveland Clinic
Executive Chef

The Healthy Community Initiative is a collaborative effort between Cleveland Clinic and community partners to promote optimal health and wellness. Based on the community health needs assessment and utilizing combined resources within our local communities, Healthy Community Initiative programs will be customized around three core areas: education, nutrition and physical activity

Join us for a fun, educational evening, planned just for you.

WHEN: Tuesday, November 19, 2013

WHERE: Lyndhurst Community Center
1341 Parkview Drive
Lyndhurst, OH 44124

WHO: **Jim Perko**, Cleveland Clinic Executive Chef

WHAT: Cooking Demonstration

TIME: 6 to 7:30 p.m.

COST: FREE, but registration is required

Jim will be demonstrating how to make green smoothies and sweet potato hummus (subject to change).

Open to all Lyndhurst residents and employees

If you have questions or to register, please call 216.839.3069 or go to www.livelonglyndhurst.com.